

**Fall Intramural Program**

St. Michaels will again be offering coed intramurals for all interested 3rd, 4th and 5th grade students. Fall intramurals will be a 4 day a week program (Mon, Tues, Wed, Thurs) that will last for 8 weeks**. Practices for the fall will start on September 5th and end on October 26th**. They will go from 3:20- 4:45pm. There will not be practice on any early release dates. The 3rd grade teachers will walk the students who are participating to the meeting spot near the gym. The 4th and 5th grade students will walk over to the meeting spot from class. Indicate on the After School Permission Slip if your child will to go to after care at the end of practice. All students going to after care will be walked over by the coach. Students not picked up by 4:45pm will be walked to after care. For the fall season, we will be working on Soccer followed by Flag Football outside in the park. **A participation fee of $75 will be billed to your account and each student will need a completed permission** **slip on file**. You may pick up a permission form in the front office or find it on our school website (under the parent link/forms). Students may bring comfortable athletic clothes to change into or wear their P.E. clothes or just wear their school uniform for practices.

The purpose of this program is to give the kids an enriching experience in a non-competitive manner. While there will be inter squad games and competitions, the focus of this program is on fundamentals and skill building. If your child can only attend a couple of days per week or has to miss a day here and there, it’s not a big deal. This is supposed to be a no pressure, fun situation.

If you have any more questions, please do not hesitate to contact me.

Sincerely,

Kim Greene

Athletic Director

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**Intramural Seasons**

Fall - Coed Soccer and Coed Flag Football (4 weeks of each)

Winter - Coed basketball and Coed Volleyball (4 weeks of each)

Spring – Track and Field with the Middle School. The 3rd- 5th graders practice with the Middle School, but are not eligible to participate in meets.